



Griffin House

MENU WEEK 1

BREAKFAST

LUNCH

TEA

MONDAY

Choice of Cereal
Toast & Spreads

Chicken Fricassee
Quorn Fricassee
Rice & Sweetcorn
Fresh Fruit

Homemade Sandwiches
with Cheese, or Ham
Salad
Fresh Fruit

TUESDAY

Choice of Cereal
Toast & Spreads

Fish Fingers
Oven Chips
Baked Beans
Fruit Jelly
or Fresh Fruit

Homemade Sandwiches
with Cheese, or Ham
Salad
Fresh Fruit

WEDNESDAY

Choice of Cereal
Toast & Spreads

Beef Bolognaise
Quorn Bolognaise
Pasta
Side salad
Blueberry Muffin
Or Fresh Fruit

Homemade Sandwiches
with Cheese, or Ham
Salad
Fresh Fruit

THURSDAY

Choice of Cereal
Toast & Spreads

Roast Pork
Roast Quorn Log
Roast Potatoes
Seasonal Vegetables
Gravy
Homemade cookies or
Fresh Fruit

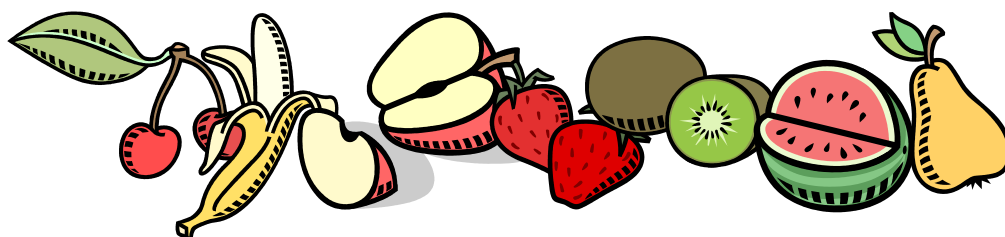
Homemade Sandwiches
with Cheese, or Ham
Salad
Fresh Fruit

FRIDAY

Choice of Cereals
Toast & Spreads

Tomato & Basil
Pasta Bake
With Spinach & Garlic bread
Fresh Fruit

Homemade Sandwiches
with Cheese, or Ham
Salad
Fresh Fruit





Griffin House

MENU - WEEK 2

| | BREAKFAST | LUNCH | TEA |
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| MONDAY | Choice of Cereal Toast & Spreads | Cottage Pie Quorn Pie Peas Fresh Fruit Or Vanilla ice-cream | Homemade Sandwiches with Cheese, or Ham Salad Fresh Fruit |
| TUESDAY | Choice of Cereal Toast & Spreads | Cod Fillet Chunky Chips Broccoli Fresh Fruit | Homemade Sandwiches with Cheese, or Ham Salad Fresh Fruit |
| WEDNESDAY | Choice of Cereal Toast & Spreads | Beef Bolognaise Quorn Bolognaise Pasta, Garlic bread Side salad Fruit Yoghurt Or Fresh Fruit | Homemade Sandwiches with Cheese, or Ham Salad Fresh Fruit |
| THURSDAY | Choice of Cereal Toast & Spreads | Roast Chicken Roast Quorn Log Roast Potatoes Carrots & Peas Gravy Banana Sponge Or Fresh Fruit | Homemade Sandwiches with Cheese, or Ham Salad Fresh Fruit |
| FRIDAY | Choice of Cereals Toast & Spreads | Beef Burger Veggie burger Sweet potato fries Corn on the Cob Fresh Fruit | Homemade Sandwiches with Cheese, or Ham Salad Fresh Fruit |

